

START YOUR DAY THE RIGHT WAY!

Treat yourself to a light, subtle coffee experience with a Formula 1 Cafe Latte shake. It's a satisfying, healthy meal that helps you get the most out of your morning.

Which Latte breakfast would you choose?

Latte & Muffin
520 calories **\$6.68**

Formula 1 Cafe Latte Shake
262 calories **\$2.08**



or



Cinnamon Dolce Latte and a Buttermilk Blueberry Muffin*

Calories: 520
Fat: 20 g
Protein: 12 g
Sugar: 47 g

\$6.68

Price based on a 354 mL cup and a regular-size muffin

Formula 1 Cafe Latte Shake†

Calories: 262
Fat: 7 g
Protein: 20 g
Sugar: 20 g

\$2.08

Price based on 1 serving of a Formula 1 Cafe Latte shake with 375 mL of 1% partially skimmed milk

Formula 1
Cafe Latte shake.
Satisfying, easy
and guilt-free.



For more information, contact your Herbalife Independent Distributor.

*Price and ingredients of a Cinnamon Dolce Latte and buttermilk blueberry muffin from Starbucks. Prices stated are the mean of published prices, less taxes at Starbucks outlets in Calgary, Alberta.
†Milk pricing and nutrition information established from research at Canada Safeway.

LOVE YOUR LATTE